



Life Is a Yo-Yo

by Rabbi David Zaslow

Life is a yo-yo going up and down.
Everything is going up and down.
The sun is going up and down.
My feelings are going up and down.
Spaghetti goes up and down.
My eyebrows wriggle up and down.
Life is a yo-yo going up and down.
Your eyeballs are whirling up and down.
Your toes are curling up and down.
My tongue is squiggling up and down.
Everything is going up and down.
Hands are waving up and down.
Bellies are bouncing up and down.
Birdies are flying up and down.
Life is a yo-yo going up and down.
Fishes are swimming up and down.
Thoughts in my head go up and down.
Everything goes up and down.
Life is a yo-yo going up and down.